



What is the new coronavirus (2019-nCoV)?

Coronaviruses (CoV) are a family of viruses that cause diseases ranging from a common cold to more severe conditions, such as Middle Eastern Respiratory Syndrome (MERS-CoV) and Severe Acute Respiratory Syndrome (SARS-CoV). This is a new virus that affects the airways. The first case was identified in Wuhan, China.

How is it transmitted?

- The virus is zoonotic, meaning it is transmitted between animals and people. Currently it seems to spread from person to person.

Who is at risk?

- People of all ages can become infected with the new coronavirus (2019-nCoV).
- Older people and people with pre-existing medical conditions, such as: asthma, diabetes, heart disease, among others) appear to be more vulnerable to becoming seriously ill with the virus.

Symptoms

- Dry Cough
- Fever
- Vomiting
- Chills/Nausea
- Throat Pain
- Muscle Pain
- Difficulty Breathing
- Chest Pain
- Diarrhea

Complications

- Pneumonia
- Kidney Failure
- May Cause Death

Recomendations:

- There is currently no vaccine for the new coronavirus (2019-nCoV). The best way to prevent prevention is to avoid exposure to the virus.
- Wash your hands frequently with soap and water. Use a disinfectant or hand sanitizer that contains 60% or more alcohol.
- When coughing or sneezing, cover your mouth and nose with your elbow bent or with a handkerchief. Then pull the handkerchief immediately and wash your hands.
- Avoid physical contact with anyone who has a fever and /or cough.
- Avoid touching your eyes and nose with dirty hands.
- If you have a fever, cough and are breathing with difficulty, seek medical attention as soon as possible and tell your doctor about your symptoms and the places you have travelled before.
- If you have symptoms, stay isolated in your home. It is important that you maintain hygiene. Do not share glasses, plates, or cutlery. In addition, you must keep your towels and bed linen clean.
- You should wear a mask when you are in the same room with others and when you visit a health care provider.
- If you can't wear a face mask, people who live with you should wear one while they're in the same room as you.
- Avoid trips to places where the coronavirus is (2019-nCoV).