

Parents!



Did you know??? ... The law in Florida states that everyone under the age of 16 **MUST**, when riding a bicycle, wear a bicycle helmet that is properly fitted and fastened securely on the head by a strap, and meets federal safety standards. This includes children riding in a carrier or attached trailer. A citation of \$77.50 can be issued to the violator.

*Head injury is the leading cause of death in bicycle crashes and is the most important determinant of bicycle-related death and permanent disability. Head injuries account for more than 60 percent of bicycle-related deaths, more than two-thirds of bicycle-related hospital admissions and about one-third of hospital emergency room visits for bicycling injuries. The single most effective safety device available to reduce head injury and death from bicycle crashes is a helmet. **Helmet use reduces the risk of bicycle-related death and injury and the severity of head injury when a crash occurs.***

Listed below are some additional rules for biking in Florida:

- ▶ A bicycle operated between sunset and sunrise must be equipped with a lamp on the front exhibiting a white light visible from 500 feet to the front and both a red reflector and a lamp on the rear exhibiting a red light visible from 600 feet to the rear.
- ▶ Bicyclists must use a fixed, regular seat for riding.
- ▶ A bicycle may not be used to carry more persons at one time than the number for which it is designed or equipped.
- ▶ Bicycles on the road must ride in the direction of traffic.

The Key Biscayne Police Department is committed to keeping our children safe. Please help us by going over these rules with your child. Make sure your child has a properly fitted bicycle helmet and knows to keep it securely fastened at all times while riding. Together, we can make a difference.