



October 2017 Elementary Breakfast Menu



Monday		Tuesday		Wednesday		Thursday		Friday	
Sausage Biscuit AND Cereal & Toast AND Grits Chilled Pears Fresh Fruit Potato Rounds Tomato Juice Milk	2	Waffle w/ Sausage Links AND Cereal & Toast AND Chilled Applesauce Fresh Fruit Potato Rounds Tomato Juice Milk	3	Scrambled Eggs with Sausage Patty & Toast AND Cereal & Toast AND Grits Chilled Strawberries Fresh Fruit Potato Rounds Tomato Juice Milk	4	French Toast w/ Sausage Patty AND Cereal & Toast AND Chilled Peaches Fresh Fruit Potato Rounds Tomato Juice Milk	5	Beignets & Donuts AND Grill Cheese Triangle (Pre -K) AND Cereal & Toast AND Chilled Mixed Fruit Fresh Fruit Potato Rounds Tomato Juice Milk	6
Chicken Biscuit AND Cereal & Toast AND Grits Chilled Pears Fresh Fruit Potato Rounds Tomato Juice Milk	8	AND Cereal & Toast AND Chilled Applesauce Fresh Fruit Potato Rounds Tomato Juice Milk	9	Scrambled Eggs with Sausage Patty & Toast AND Cereal & Toast AND Grits Chilled Strawberries Fresh Fruit Potato Rounds Tomato Juice Milk	10	Pancake Wrapped Sausage AND Cereal & Toast AND Chilled Peaches Fresh Fruit Potato Rounds Tomato Juice Milk	11	Beignets & Donuts AND Grill Cheese Triangle (Pre -K) AND Cereal & Toast AND Chilled Mixed Fruit Fresh Fruit Potato Rounds Tomato Juice Milk	12
Sausage Biscuit AND Cereal & Toast AND Grits Chilled Pears Fresh Fruit Potato Rounds Tomato Juice Milk	16	Waffle w/ Sausage Links AND Cereal & Toast AND Chilled Applesauce Fresh Fruit Potato Rounds Tomato Juice Milk	17	Scrambled Eggs with Sausage Patty & Toast AND Cereal & Toast AND Grits Chilled Strawberries Fresh Fruit Potato Rounds Tomato Juice Milk	18	French Toast w/ Sausage Patty AND Cereal & Toast AND Chilled Peaches Fresh Fruit Potato Rounds Tomato Juice Milk	19	Beignets & Donuts AND Grill Cheese Triangle (Pre -K) AND Cereal & Toast AND Chilled Mixed Fruit Fresh Fruit Potato Rounds Tomato Juice Milk	20
Chicken Biscuit AND Cereal & Toast AND Grits Chilled Pears Fresh Fruit Potato Rounds Tomato Juice Milk	23	Pancakes w/ Sausage Links AND Cereal & Toast AND Chilled Applesauce Fresh Fruit Potato Rounds Tomato Juice Milk	24	Scrambled Eggs with Sausage Patty & Toast AND Cereal & Toast AND Grits Chilled Strawberries Fresh Fruit Potato Rounds Tomato Juice Milk	25	Pancake Wrapped Sausage AND Cereal & Toast AND Chilled Peaches Fresh Fruit Potato Rounds Tomato Juice Milk	26	Beignets & Donuts AND Grill Cheese Triangle (Pre -K) AND Cereal & Toast AND Chilled Mixed Fruit Fresh Fruit Potato Rounds Tomato Juice Milk	27
Sausage Biscuit AND Cereal & Toast AND Grits Chilled Pears Fresh Fruit Potato Rounds Tomato Juice Milk	30	Waffle w/ Sausage Links AND Cereal & Toast AND Chilled Applesauce Fresh Fruit Potato Rounds Tomato Juice Milk	31						



October 2017 Elementary Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday	
<p>2</p> <p>Salisbury Steak Mashed Potatoes w/Gravy Carrot Souffle Chilled Pineapple Southern Butter Roll Milk</p>	<p>3</p> <p>Crispy or Soft Beef Taco Shredded Cheese Cup Lettuce & Chopped Tomato Golden Corn Fresh Fruit Mandarin Oranges (PreK Only) Cinnamon Roll Milk</p>	<p>4</p> <p>Meatsauce Spaghetti Cauliflower w/Cheese Chilled Applesauce Garlic Roll Milk</p>	<p>5</p> <p>Red Beans w/ Sausage Links Chicken Smackers PreK only Rice Popeye Salad Fresh Fruit Chilled Strawberries (PreK Only) French Bread Milk</p>	<p>6</p> <p>Chicken and Sausage Gumbo Rice Potato Salad Seasoned Green Peas Chilled Peas Southern Butter Roll Cookie Milk</p>	
<p>9</p> <p>Chicken & Sausage Jambalaya Seasoned or Italian Green Beans Glazed Carrots Chilled Strawberries Southern Butter Roll Milk</p> 	<p>10</p> <p>Crispy or Soft Beef Taco Shredded Cheese Cup Lettuce & Chopped Tomato Golden Corn Fresh Fruit Chilled Peaches (PreK Only) Cinnamon Roll Milk</p>	<p>11</p> <p>Lasagna Creamed Spinach Chilled Mandarin Oranges Garlic Roll Milk</p> <p>NATIONAL SCHOOL LUNCH WEEK OCT 9-13TH</p>	<p>12</p> <p>White Beans w/ Chicken Smackers Rice Cauliflower w/Cheese Fresh Fruit Chilled Peas (PreK Only) Cornbread Milk</p>	<p>13</p> <p>Shepherds Pie Italian Salad Chilled Tropical Fruit Southern Butter Roll Rice Krispie Milk</p> 	
<p>16</p> <p>Beef Stew Rice Carrot Souffle Seasoned or Italian Green Beans Chilled Mixed Fruit Southern Butter Roll Milk</p>	<p>17</p> <p>Crispy or Soft Beef Taco Shredded Cheese Cup Lettuce & Chopped Tomato Golden Corn Fresh Fruit Mandarin Oranges (PreK Only) Cinnamon Roll Milk</p>	<p>18</p> <p>Meatsauce Spaghetti Broccoli w/Cheese Chilled Peas Garlic Roll Milk</p> <p>NUTRITION DAY</p>	<p>19</p> <p>Red Beans w/ Sausage Links (Chicken Smackers for PreK only) Rice Caesar Salad Fresh Fruit Chilled Applesauce (PreK Only) French Bread Milk</p>	<p>20</p> <p>Pork Chop Mashed Potatoesw/Gravy Seasoned Green Beans Chilled Strawberries Southern Butter Roll Cake Milk</p>	
<p>23</p> <p>Chicken Strips Mac and Cheese Glazed Carrots Seasoned Green Peas Chilled Applesauce Southern Butter Roll Milk</p>	<p>24</p> <p>Crispy or Soft Beef Taco Shredded Cheese Cup Lettuce & Chopped Tomato Golden Corn Fresh Fruit Chilled Peas (PreK Only) Cinnamon Roll Milk</p>	<p>25</p> <p>Meatballs and Red Gravy Spaghetti Broccoli w/Cheese Chilled Peaches Garlic Roll Milk</p>	<p>26</p> <p>Red Beans w/ Chicken Smackers Rice Caesar Salad Fresh Fruit Applesauce (PreK Only) Cornbread Milk</p>	<p>27</p> <p>Chicken And Sausage Gumbo Rice Potato Salad Seasoned Green Peas Chilled Peaches Southern Butter Roll Brownie Milk</p>	
<p>30</p> <p>Salisbury Steak Mashed Potatoes w/Gravy Carrot Souffle Chilled Pineapple Southern Butter Roll Milk</p>	<p>31</p> <p>Crispy or Soft Beef Taco Shredded Cheese Cup Lettuce & Chopped Tomato Golden Corn Fresh Fruit Mandarin Oranges (PreK Only) Cinnamon Roll Milk</p> 	<p>NATIONAL SCHOOL LUNCH WEEK</p> <p>OCTOBER 9-13, 2017</p> 			



October 2017 Elementary Sandwich Menu



Monday	Tuesday	Wednesday	Thursday	Friday		
<p>2</p> <p>Opt 1. Spicy Chicken Sandwich ON Bun Lettuce/Tomato/Pickle Crinkle Cut Fries Chilled Pineapple Milk</p> <p>Opt 2. Hot Ham and Chz on Bun</p>	<p>3</p> <p>Opt 1. Grilled Cheese Sandwich Baby Carrots Corn Fresh Fruit Mandarin Oranges (Pre K) Cinnamon Roll Milk</p> <p>Opt 2. Hot Dog w/wo Chili</p>	<p>4</p> <p>Opt 1. Calzonettes w/wo sauce Seasoned Green Beans Sweet Potato Fries Applesauce Milk</p> <p>Opt 2. Pepperoni Pizza</p>	<p>5</p> <p>Chicken Nuggets Baked Beans Popeye Salad Fresh Fruit Chilled Strawberries (PreK only) French Bread Milk</p> <p>ONE LINE</p>	<p>6</p> <p>Opt 1. Hot Ham and Cheese on Bun Seasoned Green Peas Crinkle Cut Fries Chilled Pears Cookie Milk</p> <p>Opt 2. Hamburger w/wo cheese</p>		
<p>9</p> <p>Opt 1. Pepperoni Pizza Glazed Carrots Crinkle Cut Fries Chilled Strawberries Milk</p> <p>Opt 2. Calzonettes w/wo Sauce</p>	<p>10</p> <p>Opt 1. Hamburger w/wo Cheese Lettuce/Tomato/Pickle Corn Fresh Fruit Chilled Peaches (PreK Only) Cinnamon Roll Milk</p> <p>Opt 2. Hot Ham and Chz on Bun</p>	<p>11</p> <p>Boneless Wings Creamed Spinach Crinkle Cut Fries Chilled Mandarin Oranges Garlic Roll Milk</p> <p>ONE LINE</p>	<p>12</p> <p>Opt 1. Spicy Chicken Patty on Bun Lettuce/Tomato/Pickle Baked Beans Fresh Fruit Chilled Pears (PreK only) Milk</p> <p>Opt 2. Hot Dog w/wo Chili</p>	<p>13</p> <p>Opt 1. Calzonettes w/wo Sauce Italian Salad Crinkle Cut Fries Chilled Tropical Fruit Rice Krispie Milk</p> <p>Opt 2. Pepperoni Pizza</p>		
<p>16</p> <p>Chicken Nuggets Sweet Potato Fries Seasoned Green Beans Chilled Mixed Fruit Southern Butter Roll Milk</p> <p>ONE LINE</p>	<p>17</p> <p>Opt 1 Grilled Cheese Sandwich Crinkle Cut Fries Corn Fresh Fruit Mandarin Oranges (Pre K) Cinnamon Roll Milk</p> <p>Opt 2. Hamburger w/wo chz.</p>	<p>18</p> <p>Opt 1. Spicy Chicken Patty On Bun Lettuce/Tomato/Pickle Broccoli w/Cheese Chilled Pears Milk</p> <p>Opt 2. Hot Ham and Chz on Bun</p>	<p>19</p> <p>Opt 1. Hamburger on Bun w/ wo Cheese Lettuce/Tomato/Pickle Baked Beans Fresh Fruit Chilled Applesauce (PreK Only) Milk</p> <p>Opt . 2 Hot Dog w/wo Chili</p>	<p>20</p> <p>Opt 1. Pepperoni Pizza w/ Rolled Edge Seasoned Green Peas Crinkle Cut Fries Chilled Peaches Brownie Milk</p> <p>Opt 2. Calzonettes w/wo Sauce</p>		
<p>23</p> <p>Opt 1. Hamburger w/wo Chz. Lettuce/Tomato/Pickle Glazed Carrots Chilled Applesauce Fresh Fruit Milk</p> <p>Opt 2. Spicy Chicken Sandwich</p>	<p>24</p> <p>Boneless Wings Caesar Salad Corn Fresh Fruit Chilled Pears (PreK only) Cinnamon Roll Milk</p> <p>ONE LINE</p>	<p>25</p> <p>Opt 1. Spicy Chicken Sandwich on Bun Lettuce/Tomato/Pickle Broccoli w/Cheese Chilled Peaches Milk</p> <p>Opt 2. Hot Ham and Chz. On Bun</p>	<p>26</p> <p>Opt 1. Pepperoni Pizza w/ Rolled Edge Baked Beans Crinkle cut fries Fresh Fruit Applesauce (PreK only) Milk</p> <p>Opt 2. Calzonettes w/wo Sauce</p>	<p>27</p> <p>Opt 1. Hot Dog w/ wo Chili Seasoned Green Beans Crinkle Cut Fries Chilled Strawberries Cake Milk</p> <p>Opt 2. Grilled Cheese Sandwich</p>		
<p>30</p> <p>Opt 1. Spicy Chicken Sandwich on Bun Lettuce/Tomato/Pickle Crinkle Cut Fries Chilled Pineapple Milk</p> <p>Opt 2. Hot Ham and Chz on Bun</p>	<p>31</p> <p>Opt 1. Grilled Cheese Sandwich Baby Carrots, Corn Fresh Fruit Mandarin Oranges (PreK only) Cinnamon Roll Milk</p> <p>Opt 2. Pepperoni Pizza</p>				<p>NATIONAL SCHOOL WEEK</p> <p>OCTOBER 9-13, 2017</p>	

