

SUMMER CAMP

MENU / JULY

1 Sloppy Joe's on whole wheat bun. Vegetable of the day Orange slices Brownies Assorted fruit juice/water	2 Chicken tenders French fries Vegetable of the day Chocolate chip cookie Assorted fruit juice/water	3 Baked ziti Bread stick Side salad Vegetable of the day Vanilla cake Assorted fruit juice/water	4 4 th of JULY No SUMMER CAMP	5 2 slices of pizza Chips Carrot sticks Vanilla ice cream cups Assorted fruit juice/water
8 Pigs in a blanket Mac and cheese Vegetable of the day Orange slices Brownies Assorted fruit juice/water	9 Fish sticks French fries Vegetable of the day Chocolate chip cookie Assorted fruit juice/water	10 Salisbury steak Mashed potatoes Vegetable of the day Vanilla cake Assorted fruit juice/water	11 Egg rolls(beef or pork) Rice Vegetable of the day Chocolate pudding Assorted fruit juice/water	12 2 slices of pizza Chips Carrot sticks Vanilla ice cream cups Assorted fruit juice/water
15 Chicken Caesar wrap Chips Vegetable of the day Orange slices Brownies Assorted fruit juice/water	16 Hamburgers/cheeseburgers French fries Apple sauce Vegetable of the day Chocolate chip cookie Assorted fruit juice/water	17 Spaghetti Bread stick Side salad Vegetable of the day Vanilla cake Assorted fruit juice/water	18 Grilled cheese sandwich Chips Vegetable of the day Chocolate pudding Assorted fruit juice/water	19 2 slices of pizza Chips Carrot sticks Vanilla ice cream cups Assorted fruit juice/water
22 Sloppy Joe's on whole wheat bun. Vegetable of the day Orange slices Brownies Assorted fruit juice/water	23 Chicken tenders French fries Vegetable of the day Chocolate chip cookie Assorted fruit juice/water	24 Baked ziti Bread stick Side salad Vegetable of the day Vanilla cake Assorted fruit juice/water	25 Beef and macaroni Vegetable of the day Apple sauce Chocolate pudding Assorted fruit juice/water	26 2 slices of pizza Chips Carrot sticks Vanilla ice cream cups Assorted fruit juice/water
29 Pigs in a blanket Mac and cheese Vegetable of the day Orange slices Brownies Assorted fruit juice/water	30 Fish sticks French fries Vegetable of the day Chocolate chip cookie Assorted fruit juice/water	31 Salisbury steak Mashed potatoes Vegetable of the day Vanilla cake Assorted fruit juice/water	August 1 Egg rolls(beef or pork) Rice Vegetable of the day Chocolate pudding Assorted fruit juice/water	2 2 slices of pizza Chips Carrot sticks Vanilla ice cream cups Assorted fruit juice/water