



SAINT BERNARD SCHOOL

Mrs. Jackie Hernandez, RN
SCHOOL NURSE

Dear Parents and Guardians,

Greetings from the Saint Bernard School health office! The health office requires the following forms in order for your student to start school.

- All new students require a current physical with up to date immunizations. The following are required by the state of Connecticut.

Td-at least 4 doses and 1 **Tdap**

Polio-at least 3 doses

MMR- 2 doses given 28 days apart with the 1st dose on or after the 1st birthday.

Hep B- 3 doses, last dose on or after 24 weeks of age

Varicella-2 doses given at least 3 months apart

Meningococcal- 1 dose

Hep A (6th grade only)-2 doses given six calendar months apart, 1st dose on or after 1st birthday.

- Every student must turn in a new emergency form each year. This is very important in the event your child gets ill at school. Students will only be released to individuals listed on the emergency form.
- If you would like your student to receive ibuprofen, acetaminophen or cough drops at school, you must send in the medication permission slip. I cannot give these medicines without the signed permission slip.
- Any other medications, including epi-pens, require a separate order from the physician.
- All students who participate in sports must have a signed medical release form and a current physical (within the past 13 months) to participate.
- All students enrolled in Strength & Conditioning or Nutrition & Exercise must have a current physical (within the past 13 months) to participate.

All forms can be accessed on the Plus Portals and can be brought in to the school nurse, emailed to nurse@saint-bernard.com, or faxed to 860-848-1274 attn: school nurse.

If you have any questions, feel free to call the Saint Bernard School health office at (860) 848-1271 x125.

Thank you, and have a wonderful school year!

Jackie Hernandez RN