

# May 2019

## Chef Mark's Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Assorted Grinders Tuscan Chicken Breast Penne w/Roasted Garlic Steamed Cauliflower	2 Grilled Franks Assorted Burgers Grilled Fish Fried Onion Rings Assorted Pasta Salad	3 Taco Bar Fajita Bar Refried Beans Mexican Corn Cucumber Avocado Salad
6 Sloppy Joes Tortellini w/Red Sauce Sweet Potato Fries Steamed Spinach	7 Thai Curry Seafood Teriyaki Chicken Steamed Brown Rice Mixed Veggies	8 Assorted Sandwiches Tropical Roast Pork Penne Eileen Steamed Broccoli	9 BB Beef Grilled Sausages BBQ Chicken Baked Beans Assorted Salads	10 Chicken Tenders Fajita Bar Linguini Marinara Grilled Asparagus
13 Chicken Florentine Grilled Turkey Breast Egg Noodles w/garlic Steamed Broccoli	14 Assorted Wings Meatball Heroes Curly Fries Fried Cabbage	15 Baked Ziti Pesto Baked Fish Brown Rice Roasted Peppers	16 Hamburgers Pulled Pork BBQ Shrimp Macaroni Salad Cole Slaw	17 Fried Fish Cheese Ravioli Yellow Rice Steamed Carrots
20 Eggplant Parm Chicken Artichoke Fettuccine Roasted String Beans	21 Waffles & French Toast Hash Browns Scrambled Eggs Cereal Bacon & Sausage Fruit Cups	22 Assorted Wings Assorted Pizza Sea Salt Fries Steamed Broccoli	23 Build Your Own Hot Dog Assorted Sliders Steamed Corn on the Cob Baked Beans Steamed Spinach	24 Grilled Pork Chops Chicken Fingers Mashed Potatoes Roasted Mixed Veggies
27 NO SCHOOL MEMORIAL DAY	28 Dijon Chicken Roast Beef w/Gravy Herbed Rice Steamed Carrots	29 Fish Sticks Chicken Nuggets Tatter Tots Roasted Squash	30 Hoisin Turkey Breast Steamed Pierogis Roasted Broccoli Spanish Rice	31 Chili Macaroni Seafood Risotto Roasted Veggies

\*Gluten free, Dairy free, and Vegetarian options are available at every meal

\*\* Fresh Salad, Deli, and Dessert Bars available everyday!