

Reid Temple Christian Academy Lunch Menu

May 2018

Mon	Tue	Wed	Thu	Fri
<p>****LOOK OUT... WE'RE CELEBRATING CINCO DE MAYO ON TUESDAY MAY 8TH...AND THIS IS TEACHER'S WEEK. LET'S CELEBRATE OUR WONDERFUL EDUCATORS."</p>	<p>1 LAST BREAKFAST THIS YEAR!!! Pancake-Plain, blueberry, M&M, chocolate chip, Waffles-Plain, strawberry, chocolate***NEW ITEM- Hawaiian French toast***, Warm maple syrup, Eggs, bacon, turkey sausage, Brown sugar cinnamon apples, Oatmeal, Strawberry/banana smmothie</p>	<p>2 Oven roasted wings brushed w/orange balsamic sauce, Steamed Jasmine OR Yellow turmeric buttered rice w/quinoa, Steamed sweet corn, peas & carrot mix, Garden salad w/dressings Applesauce infused w/cinnamon mango topped w/ fresh apple slices</p>	<p>3 Brown Betty spaghetti w/ meaty sauce Noodles w/ Alfredo sauce French baguette breadsticks Stir fry kale, shredded broccoli, carrots Romaine lettuce, mesculum mix, carrots, cucumbers, tomatoes w/dressing, Cara Cara oranges w/bi color berries</p>	<p>4 Chicken Nuggets Boardwalk fries, JOJO Fries, Shoestring fries, Sweet potato fries, Seasoned fries, Ketchup, Honey mustard Tropical fruit cups w/ strawberries Garden salad w/dressings, Ice cream</p>
<p>7 Double dipped fried chicken wings Honey Mustard French fries- crinkled and shoestring Fresh baby greens w/ romaine lettuce dressing Tropical fruit cocktail cups w/tamarind & strawberries</p>	<p>8 Hard & Soft tacos w/cilantro lime rice OR plain rice, shredded cheese, shredded chicken OR herb cubed beef, Sour cream, pico de gallo, Shredded lettuce, dressings Diced Peaches w/strawberries & blueberries, green grapes</p>	<p>9 LASAGNA Meaty, Veggie, Noodles w/ chunky veggie sauce, chicken alfredo sauce Buttered French Baguette sticks Steamed sweet corn w/hand shredded carrots Baby greens w/romaine lettuce & tomatoes + dressing Mango applesauce w/fresh mango bites</p>	<p>10 PIZZA!PIZZA! & MORE 4 Cheeses, Pepperoni, Flatbread sausage, Supreme, Challah bread w/ mozzarella cheese & spinach, Fresh baked cookie Garden salad w/dressing Fresh tri-color grapes w/apple slices & orange cubes</p>	<p>11 Sweet succulent BBQ chicken OR Ribs Shoestring OR Crinkled fries Honey Mustard & Tomato ketchup 50/50 spring mix w/baby kale, fresh sliced tomatoes, cucumbers, carrots Vanilla swirl OR strawberry/kiwi swirl Italian icy</p>
<p>14 Sesame orange chicken chunks Steamed Jasmine OR Yellow rice Gravy, steamed mixed veggies Garden salad w/ grape tomatoes, cucumbers, croutons + dressing Cold peach smiles w/grapes, blackberries, blueberries</p>	<p>15 LAST JAMAICA DAY THIS YEAR Curry OR Brown stew OR Jerk chicken, skillet brown gravy, Rice & Peas, Plain white rice, Plaintains, Coco bread, Stir fry cabbage w/ string beans, shredded carrots, Cold tropical fruit cup topped w/blueberries & green grapes</p>	<p>16 Panko hand breaded fried fish sticks **WINGS FOR THOSE ALLERGIC Oven roasted potatoes OR Buttered white rice w/brown base gravy, String beans & carrots Chef salad w/ dressing Strawberry applesauce w/cinnamon</p>	<p>17 Meatballs marinated in pineapple Ginger sauce, Steamed Yellow Jubliee OR Steamed sweet Jasmine rice w/gravy Steamed mix of carrots, peas & corn Garden salad w/dressings Berries delight- black, blue and strawberries</p>	<p>18 Fried chicken nuggets French fries/ crinkled OR shoestring Fried sweet potato fries Tossed salad w/dressings Ice cream delight w/sprinkles OR chocolate syrup</p>
<p>21 Zesty orange ginger meatballs Buttered white rice OR Steamed mixed vegetables Garden salad w/ sliced cucumbers, shredded carrots, diced tomatoes Tropical fruit cups w/strawberries</p>	<p>22 PIZZA, PIZZA, PIZZA 4 cheeses, Pepperoni, Supreme 3 meats, Thick Challah slices w/cheese spinach, Fresh baked cookies Tossed salad w/variety dressings Fresh pineapple chunks w/strawberries Grapes & oranges</p>	<p>23 Boneless/skinless oven roasted chicken w/ skillet gravy, Steamed sweet Jasmine rice OR Creamy garlic mashed potatoes, Buttered sweet corn w/garden peas & hand shredded carrots Honey mustard, tomato ketchup Garden salad w/dressings Cinnamon strawberry applesauce</p>	<p>24 Ultimate grilled cheese sandwiches Ultimate turkey & cheese sandwiches Jamaican pattie & Coco bread Veggie OR Tomato soup Fresh baked cookie Tossed salad w/dressings Golden kiwi, black & green grapes, strawberries</p>	<p>25 FIELD DAY!!!!!!! All American Hot Dog on a bun Melted cheese, onion rings, Chili Crinkled OR Straight fries Bacon wrapped hot dogs Garden salad w/ variety dressings Fruited Welch's frozen bars Fruit cocktail topped w/strawberries</p>
<p>28 ****MEMORIAL DAY***** ****NO SCHOOL*****</p>	<p>29 Wide egg noodles w/meatballs, alfredo sauce or brown gravy, Peas & corn mix Peas, corn, carrots mix Baby greens w/lettuce, tomatoes + hand shredded carrots, dressings Cold diced peaches w/strawberries</p>	<p>30 Golden fried Chicken Fritters Extra crispy straight fries Seasoned Fries OR Crinkled fries Honey mustard OR Ketchup Garden Kale, spring mix salad w/ dressings Mango-cinnamon applesauce</p>	<p>31 LASAGNA -w/ meaty sauce OR Chicken alfredo w/ alfredo sauce Meaty, OR Veggie lasagna Garlic buttered breadsticks, Steamed mixed veggies w/carrots & kale, Fresh cut pineapples, strawberries, kiwi & black grapes</p>	

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