

Reid Temple Christian Academy Lunch Menu

APRIL 2018

Mon	Tue	Wed	Thu	Fri
2 ***** EASTER BREAK*****	3 *****EASTER BREAK*****	4 *****EASTER BREAK*****	5 *****EASTER BREAK*****	6 *****EASTER BREAK*****
9 WELCOME BACK STUDENTS Orange ginger baked chicken wings, Steamed sweet buttered Jasmine rice, Steamed rice w/turmeric & quinoa Steamed corn w/hand shredded carrots, Gravy, Garden salad w/dressing Cold peach & orange slices, green grapes and strawberries	10 Hand tossed fried fish sticks Creamy mashed potatoes w/herbed butter, OR Steamed white rice, gravy Buttered string beans w/ kale & carrots Garden salad w/variety dressings Fresh hand-cut cantaloupe, & pineapple, black grapes topped w/fresh sliced kiwi***Chicken for those allergic to fish*****	11 Fried chicken wings Crinkled, Straight OR Sweet potato fries Ketchup, Mustard, Honey Mustard Tossed salad w/dressings Mango Cinnamon applesauce topped w/fresh strawberries	12 Oven baked peach ginger meatballs Steamed yellow rice, OR buttered white rice, gravy Steamed mixed veggies Garden salad w/dressings Tropical fruit cups w/green apple, blueberries, red grapes	13 All American hot dogs, Bacon wrapped hot dog on a bun Turkey chili, Cheese sauce Crinkled OR Straight OR Tater tots fries, Cheesy fries Honey mustard & tomato ketchup Chef salad w/variety dressings Fresh pineapple chunks, tri color grape Sherbert/ice cream delight
16 Brown Betty spaghetti and meatballs, chucky meat-sauce, Alfredo sauce Buttered noodles w/chunky sauce OR brown gravy Steamed green beans/carrots Garlic buttered breadsticks Tossed salad w/dressings Cold peach slices w/green & red grapes	17 Baked boneless/skinless chicken-diced Steamed Jasmine buttered rice OR Steamed yellow rice w/ brown rice quinoa, Gravy, Steamed corn & carrots mix, House salad w/ dressings Fresh apple, orange smiles w/ strawberries	18 PIZZA!!!PIZZA!!!! 3 cheeses, pepperoni, supreme, 3 meats, Sliced challah bread w/spinach & cheese, Veggie soup Garden salad w/dressings Cinnamon, mango infused applesauce Topped w/ fresh strawberry slices	19 Oven roasted turkey breast Steamed buttered yellow rice w/turmeric, barley***NEW ITEM Quinoa, White rice, gravy Steamed fresh corn w/carrots, kale Garden salad w/dressings Fresh pineapple & blueberries	20 BBQ chicken Straight, Crinkled OR Sweet potato fries Ketchup, Mustard, Ranch Garden salad w/ baby spinach, kale & dressing Cold fruit cups w/ variety berries kiwi
23 Fried chicken nuggets Shoestring, Crinkled OR Straight fries Honey mustard, Ketchup Fresh baby kale, romaine lettuce, cucumbers, tomatoes salad w/ dressings Cold tropical fruit cup, grapes, berries	24 Peach sweet chili meatballs Steamed Jasmine rice Steamed Yellow rice w/quinoa, Gravy Buttered corn, cabbage kale mix Tossed salad w/ dressings Hand cut melons, strawberries, grapes	25 LASAGNA Meaty, Italiano OR Veggie lasagna Buttered French Baguette sticks, Noodles w/ Alfredo sauce, Steamed mixed veggies, Veggie tomato sauce, Mesculum garden mix w/dressing Applesauce infused w/cinnamon & Mango topped w/fresh apple slices	26 Baked Tilapia w/ balsamic honey glaze, OR Fried Tilapia w/tartar sauce Steamed Rice OR Creamy Old fashioned mac & Cheese, Gravy, Green beans, cabbage, carrots, kale Fresh fruit cups w/ blueberries, apple slices	27 Chicken Fritters Waffles-Chocolate, plain, strawberry Warm maple syrup, whip cream Sugared strawberry slices, butter Garden salad w/ Kale & dressing Fruit salad topped w/strawberries
30 Fried chicken fritters Crinkled OR Shoestring Honey mustard/Ketchup Fresh baby kale & romaine lettuce & carrots salad w/ dressings Cold fruit cocktail topped w/blueberries				

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