



NORTHWEST CATHOLIC HIGH SCHOOL

Health Requirements for NWC

All New Entrants/Students/Transfers (at any grade level) In accordance with Connecticut State Law, all students must submit a health assessment and evidence of compliance with immunizations prior to school entrance. Health assessments must be completed within one year prior to the first day of school by a legally qualified practitioner of medicine, an advanced practice registered nurse, or a physician assistant. *This exam is best performed by your child's primary physician who is familiar with your family's health history.*

New Students from Out of State: A health assessment completed within one year will be accepted (must meet all requirements of Connecticut State Law and local health policies). A tuberculin risk assessment is also required. If no proof is presented, the student may be excluded from school.

New Students from Out of the Country: A health assessment completed by an authorized healthcare practitioner licensed in the United States must be completed prior to enrolling (must meet all requirements of Connecticut State Law and local health policies). An authorized healthcare practitioner licensed in the United States stationed on U.S. military base anywhere is also acceptable. A tuberculin skin test is required. If the requirements are not met, the student may be excluded from school.

Sports Participants - According to NWC policy, every student trying out for, or participating on a school sport team must submit a completed "blue" health assessment form to the school nurse every 12 months. The "blue form" or the State of CT Department of Education Health Assessment Record is now the NWC Sports Physical form as well. The sports health assessment expires every 12 months and has a 1 month grace period before a student will be excluded from sports participation. It is strongly suggested that athletes schedule their health assessments after June 1 annually, as this practice insures that students are qualified to participate in all athletic seasons without disruption. The school nurse or the Athletics Department will be glad to help you clarify any matters relating to sports health assessments.

If you have questions, or are having difficulty meeting these health assessment requirements, please contact your school nurse. The State of Connecticut HUSKY Plan offers a comprehensive health care benefit package for Connecticut children up to age 19. Depending on your family's income, there may be no cost to you. Call your school nurse or 1-877-CT HUSKY for more information.

It is strongly advised to keep a copy of your child's physical form for your records!