

**PARENTS!!!!**

A NEW free/reduced application must be turned in every year, regardless of your status last year. Applications can be obtained at your students school or apply online by visiting [www.woburnpublicschool.com](http://www.woburnpublicschool.com)

**9**  
Cheesy Breadsticks w/Marinara Sauce  
Green Beans  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

**10**  
Crispy Nachos w/Ground Beef, Cheese & Salsa  
Black Beans  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

**11**  
Waffles w/Chicken Sausage Patty  
Oven Baked Puffs  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

**12**  
Tuna Salad Sandwich on WG Bread  
WG Cheddar Gold Fish  
Cherry Tomatoes  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

**13**  
Freshly Baked Cheese or Pepperoni Pizza  
Sweet Peas  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

**16**  
WG Pizza Sticks w/Pizza Dipping Sauce  
Steamed Broccoli  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

**17**  
\*New Item Protein Pack  
Strawberry Yogurt,  
Trix Cereal, Mozzarella  
Cheese & Pretzels  
Celery/Carrot Sticks  
Assorted cupped Fruit  
Ice Cold Milk

**18**  
Cheese Ravioli W/Marinara Sauce  
Garden Salad  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

**19**  
French Toast w/Chicken Sausage Patty  
Oven Baked Puffs  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk  
½ Day

**20**  
Freshly Baked Cheese or Pepperoni Pizza  
Sweet Peas  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

**23**  
Oven Baked Chicken Tenders w/Dipping Sauce  
Steamed Broccoli  
Creamy Mash Potato  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

**24**  
Warm WG Pretzel Roll W/Cheese Sauce For Dipping  
Cherry Tomatoes  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

**25**  
Tossed Salad W/WG Popcorn Chicken  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

**26**  
Crispy Nachos w/Ground Beef, Cheese & Salsa  
Black Beans  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

**27**  
Freshly Baked Cheese or Pepperoni Pizza  
Sweet Peas  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

**30**  
Chicken Patty Sandwich  
Steamed Broccoli  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

Going Crazy in the morning looking for Lunch \$\$\$  
Stop, pay online at [www.myschoolbucks.com](http://www.myschoolbucks.com)



Start Your Day off Right!  
Breakfast Available at:  
High School  
Middle Schools  
Malcom White  
Shamrock  
Linscott-Rumpford  
Altavesta  
Goodyear

**Daily Alternatives**

- Chicken Nuggets
- Grilled Cheese
- Tony's Individual Pizza
- Hamburger or Cheeseburger
- Sun Butter & Jelly Sandwich
- Bagel Sack

Bagel w/cream cheese, yogurt, string cheese, fruit & Vegetable

**HARVEST OF THE MONTH- Tomato**

We support local farms by purchasing locally as seasons permit.  
Featured this month- Apples, Pears, Melon, Cherry Tomatoes, Cucumbers, Carrot Sticks and Zucchini  
Paid Lunch - \$2.50 Reduced - \$1.40

All lunches served with milk, vegetable, fruit and bread