

1  
Going Crazy in the morning looking for Lunch \$\$\$  
Stop, pay online at [www.myschoolbucks.com](http://www.myschoolbucks.com)



2  
Start Your Day off Right!  
Breakfast Available at:  
High School  
Middle Schools  
Malcom White  
Shamrock  
Linscott-Rumpford  
Altavesta  
Goodyear

1  
Crispy Nachos w/ Ground Beef, Cheese & Salsa  
Black Beans  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

2  
WG Penne W/Meat sauce  
Garden Salad  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

3  
Freshly Baked Cheese or Pepperoni Pizza  
Steamed Carrots  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

6  
WG French Toast w/Chicken Sausage Patty  
Hash Brown Patty  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

7  
Juicy Hamburger or Cheesburger WG Bun  
Oven Baked Sweet Potato Fries  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

8  
Tuna Fish Sandwich on WG Bread  
Bag of Goldfish  
Cucumber Coins  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

9  
Oven Baked Chicken Tenders w/Dipping Sauce  
Steamed Broccoli  
Creamy Mash Potato  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

10  
Freshly Baked Cheese or Pepperoni Pizza  
Garbanzo Beans  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

13  
\*New Item Protein Pack  
Strawberry Yogurt, Granola, Mozzarella Cheese & Pretzels  
Celery/Carrot Sticks  
Assorted cupped Fruit  
Ice Cold Milk

14  
Cheesy Breadsticks w/Marinara Sauce  
Steamed Carrots  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

15  
WG Waffles w/Chicken Sausage Patty  
Hash Brown Patty  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

16  
Sweet & Sour Popcorn Chicken W/WG Rice  
Steamed Broccoli  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

17  
Freshly Baked Cheese or Pepperoni Pizza  
Garbanzo Beans  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

20  
Grilled Chicken Caesar Salad  
Bag of WG Goldfish  
Cherry Tomatoes  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

21  
Crispy Nachos w/Ground Beef, Cheese & Salsa  
Black Beans  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

22  
WG Warm Pretzel Roll W/Cheese Sauce  
Steamed Broccoli  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

23  
Juicy Hamburger or Cheesburger WG Bun  
Oven Baked Puffs  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

24  
Freshly Baked Cheese or Pepperoni Pizza  
Green Beans  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

27  
Memorial Day

28  
Cheesy Breadsticks w/Marinara Sauce  
Steamed Carrots  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

29  
Cheese Ravioli W/Marinara Sauce  
Garden Salad  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

30  
Pizza Sticks W/Marinara  
Cucumber Coins  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

31  
Freshly Baked Cheese or Pepperoni Pizza  
Garbanzo Beans  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

### Daily Alternatives

- Chicken Nuggets
  - Tony's Individual Pizza
  - Sun Butter & Jelly Sandwich
  - Bagel Sack
  - Grilled Cheese
  - Turkey Hot Dog
  - Fish Sticks
- Bagel w/cream cheese, yogurt, string cheese, fruit & Vegetable

### HARVEST OF THE MONTH-Potato

We support local farms by purchasing locally as seasons permit.  
Featured this month-Apples, Pears, Melon, Cherry Tomatoes, Cucumbers, Carrot Sticks and Zucchini  
Paid Lunch - \$2.50 Reduced-\$4.00

All lunches served with milk, vegetable, fruit and bread