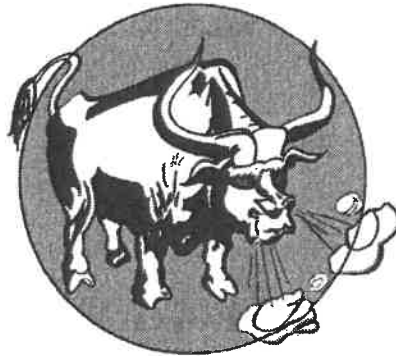


Woburn Girls Volleyball- Spring Skills Sessions

Beginner and Intermediate Level
Grades 5 - 8



The Woburn Volleyball Program will be running a Girls Volleyball Clinic on Tuesday Afternoons from 3:30-5 April 30th-June 18th for Girls in Grades 5 through 8.

To reserve a spot please google: Woburn Girls' Volleyball Google sites- and fill out the [form](#) on the [VB grade 5-8 page](#)- or send an email to: Woburnvolleyball@gmail.com

This program will be for all ability levels. Players will be grouped according to ability level.

Experienced players will be able to have fun improving their skills by working through advanced drills and position specific instruction. Newer players will get work on improving their volleyball fundamentals.

In this program, girls will learn how to hit, pass, set, and serve in a fun and friendly atmosphere lead by current and graduated members of the Woburn Girls' Varsity Volleyball team.

Each member of the program will receive a Woburn Volleyball T-Shirt

Please fill out registration form completely and return with your payment of \$85 in cash, or check written to: WOBURN ATHLETICS

In the Memo part of the check please write: *Volleyball*

Checks and permission forms need to be mailed or delivered to:

**Scott Roy – Head Volleyball Coach
Woburn High School
88 Montvale Ave
Woburn, MA 01801**

Woburn Volleyball's Summer Middle School In-House League



Woburn High School Gym
88 Montvale Ave

Mondays: June 17th, and 24th. July 1st, 8th, 15th, and 22nd

Thursdays: July 22nd and July 25th

3:15pm-4:45pm

This program is open to players who are entering grades 6-9.

Players can request to be kept together with friends and teammates throughout the program.

To reserve a spot please google: Woburn Girls' Volleyball Google sites- and fill out the form on the VB grade 5-8 page- or send an email to: Woburnvolleyball@gmail.com

At each session player will work through volleyball skills for the 1st 45 minutes. These skills will include the basics as well as learning how to play volleyball in a team setting.

The 2nd half of each session, players will play games. These games will be modified to the players' experience levels to keep the games fun.

Older and more experienced players can learn to play as a team in preparation for high school tryouts, and younger players can start to learn the team aspect of the game rather than just going through drills.

As long as we have enough sign-ups we will keep players together as a team throughout the program. As the players get more accustomed to team play we can switch to the game portion earlier in each session.

Please fill out registration form completely and return with your payment of \$95 in cash, or check written to: WOBURN ATHLETICS

In the Memo part of the check please write: Volleyball

Checks and permission forms need to be mailed or delivered to:

**Scott Roy – Head Volleyball Coach
Woburn High School
88 Montvale Ave
Woburn, MA 01801**