

PARENTS!!!!

A **NEW** free/reduced application must be turned in every year, regardless of your status last year. Applications can be obtained at your students school or apply online by visiting www.woburnpublicschool.com

9

Cheesy Breadsticks w/Marinara Sauce
Green Beans
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

10

Crispy Nachos w/Ground Beef, Cheese & Salsa
Black Beans
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

11

Waffles w/Chicken Sausage Patty
Oven Baked Puffs
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

5

Juicy Hamburger or Cheeseburger on W6 Bun
Oven Baked Tator Tots
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

6

Freshly Baked Cheese or Pepperoni Pizza
Sweet Peas
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

12

Tuna Salad Sandwich on W6 Bread
WG Cheddar Gold Fish
Cherry Tomatoes
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

13

Freshly Baked Cheese or Pepperoni Pizza
Sweet Peas
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

16

W6 Pizza Sticks w/Pizza Dipping Sauce
Steamed Broccoli
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

17

*New Item Protein Pack
Strawberry Yogurt,
Trix Cereal, Mozzarella
Cheese & Pretzels
Celery/Carrot Sticks
Assorted cupped Fruit
Ice Cold Milk

18

Cheese Ravioli W/Marinara Sauce
Garden Salad
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

19

French Toast w/Chicken Sausage Patty
Oven Baked Puffs
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk
½ Day

20

Freshly Baked Cheese or Pepperoni Pizza
Sweet Peas
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

23

Oven Baked Chicken Tenders w/Dipping Sauce
Steamed Broccoli
Creamy Mash Potato
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

24

Warm W6 Pretzel Roll W/Cheese Sauce For Dipping
Cherry Tomatoes
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

25

Tossed Salad W/W6 Popcorn Chicken
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

26

Crispy Nachos w/Ground Beef, Cheese & Salsa
Black Beans
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

27

Freshly Baked Cheese or Pepperoni Pizza
Sweet Peas
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

30

Chicken Patty Sandwich
Steamed Broccoli
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

Going Crazy in the morning looking for Lunch \$\$\$
Stop, pay online at www.myschoolbucks.com



Start Your Day off Right!
Breakfast Available at:
High School
Middle Schools
Malcom White
Shamrock
Linscott-Rumpford
Altavesta
Goodyear

Daily Alternatives

- Chicken Nuggets
 - Grilled Cheese
 - Tony's Individual Pizza
 - Hamburger or Cheeseburger
 - Sun Butter & Jelly Sandwich
 - Bagel Sack
- Bagel w/cream cheese, yogurt, string cheese, fruit & Vegetable

HARVEST OF THE MONTH=Tomato

We support local farms by purchasing locally as seasons permit.
Featured this month: Apples, Pears, Melon, Cherry Tomatoes, Cucumbers, Carrot Sticks and Zucchini
Paid Lunch - \$2.50 Reduced-\$4.00

All lunches served with milk, vegetable, fruit and bread