

**3**  
Cheesy Breadsticks w/Marinara Sauce  
Steamed Carrots  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

**4**  
\*New Item Protein Pack  
Strawberry Yogurt, Trix Cereal, Mozzarella Cheese & Fruit Cup  
Celery/Carrot Sticks  
Assorted cupped Fruit  
Ice Cold Milk

**5**  
Crispy Nachos w/Ground Beef, Cheese & Salsa  
Black Beans  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

**6**  
WG Waffles w/Chicken Sausage Patty  
Oven Baked Potato Puffs  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

**7**  
Freshly Baked Cheese or Pepperoni Pizza  
Steamed Carrots  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

**10**  
WG French Toast w/Chicken Sausage Patty  
Hash Brown Patty  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

**11**  
Juicy Hamburger or Cheeseburger WG Bun  
Oven Baked Sweet Potato Fries  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

**12**  
Tuna Fish Sandwich on WG Bread  
Bag of Goldfish  
Cucumber Coins  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

**13**  
Oven Baked Chicken Tenders w/Dipping Sauce  
Steamed Broccoli  
Creamy Mash Potato  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk


**14**  
Freshly Baked Cheese or Pepperoni Pizza  
Garbanzo Beans  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

**17**  
WG Warm Pretzel Roll w/Cheese Sauce  
Steamed Broccoli  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

**18**  
Cheesy Breadsticks w/Marinara Sauce  
Steamed Carrots  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

**19**  
WG French Toast w/Chicken Sausage Patty  
Hash Brown Patty  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

Going Crazy in the morning looking for Lunch \$\$\$  
Stop, pay online at [www.myschoolbucks.com](http://www.myschoolbucks.com)



Start Your Day off Right!  
Breakfast Available at:  
High School  
Middle Schools  
Malcom White  
Shamrock  
Linscott-Rumpford  
Altavesta  
Goodyear

**Daily Alternatives**

- Chicken Nuggets
- Tony's Individual Pizza
- Sun Butter & Jelly Sandwich
- Bagel Sack
- Grilled Cheese
- Turkey Hot Dog
- Fish Sticks

*Bagel w/cream cheese, yogurt, string cheese, fruit & Vegetable*

**HARVEST OF THE MONTH-Potato**  
We support local farms by purchasing locally as seasons permit.  
**Featured this month-Apples, Pears, Melon, Cherry Tomatoes, Cucumbers, Carrot Sticks and Zucchini**  
Paid Lunch - \$2.50 Reduced-\$40

All lunches served with milk, vegetable, fruit and bread