

Going Crazy in the morning looking for Lunch \$\$\$
Stop, pay online at www.myschoolbucks.com



1 Happy New Year

2 Sweet & Sour Chicken Over WG Rice
Steamed Broccoli
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

3 Juicy Hamburger or Cheesburger WG Bun
Oven Baked Sweet Potato Fries
Garbanzo Beans
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

4 Freshly Baked Cheese or Pepperoni Pizza
Sweet Peas
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

7 WG Warm Pretzel Roll W/Cheese Sauce
Steamed Broccoli
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

8 Crispy Nachos w/Ground Beef, Cheese & Salsa
Black Beans
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

9 Cheese Ravioli W/Marinara Sauce
Garden Salad
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

10 Grilled Cheese W/Chicken Noodle Soup
Cherry Tomatoes
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

11 Freshly Baked Cheese or Pepperoni Pizza
Sweet Peas
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

14 Cheesy Breadsticks w/Marinara Sauce
Garbanzo Beans
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

15 Grilled Chicken Caesar Salad
Bag of WG Goldfish
Cherry Tomatoes
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

16 Waffles w/Chicken Sausage Patty
Hash Brown Patty
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

17 Roasted Turkey Dinner W/Mash Potato & Gravy
Steamed Broccoli
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

18 Freshly Baked Cheese or Pepperoni Pizza
Sweet Peas
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

21 Martin Luther King Day

22 All White BBQ Chicken W/Creamy Mash Potato
Steamed Broccoli
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

23 Juicy Hamburger or Cheesburger WG Bun
Oven Baked French Fries
Garbanzo Beans
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

24 Garden Salad Topped W/Oven Roasted Turkey & Cheese Roll-Up
Bag of Goldfish
Cherry Tomato
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

25 Freshly Baked Cheese or Pepperoni Pizza
Sweet Peas
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

28 WG French Toast w/Chicken Sausage Patty
Hash Brown Patty
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

29 Cheesy Breadsticks w/Marinara Sauce
Green Beans
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

30 Crispy Nachos w/Ground Beef, Cheese & Salsa
Black Beans
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

31 BBQ Pork Riblet
Creamy Mash Potato
Steamed Broccoli
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

Start Your Day off Right!
Breakfast Available at:
High School
Middle Schools
Malcom White
Shamrock
Linscott-Rumpford
Altavesta
Goodyear

Daily Alternatives

- Chicken Nuggets
- Tony's Individual Pizza
- Sun Butter & Jelly Sandwich
- **NEW-Muffin Sack
- Grilled Cheese
- Turkey Hot Dog

WG Chocolate Chip Muffin, yogurt, string cheese, fruit & Vegetable

HARVEST OF THE MONTH-Carrots

We support local farms by purchasing locally as seasons permit.
Featured this month-Apples, Pears, Melon, Cherry Tomatoes, Cucumbers, Carrot Sticks and Zucchini
Paid Lunch - \$2.50 Reduced-\$4.00

All lunches served with milk, vegetable, fruit and bread