



Woburn Elementary Lunch Menu

December 2018

- 3 **WG Warm Pretzel Roll**
W/Cheese Sauce
Steamed Broccoli
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Mi
- 4 **Juicy Hamburger or**
Cheesburger WG Bun
Oven Baked French Fries
Cherry Tomatoes
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk
- 5 **McWoburn Breakfast**
Sandwich
Egg Patty, Melted Cheese, Slice
Ham on English Muffing
Hash Brown Patty
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk
- 6 **Grilled Cheese**
Chicken Noodle Soup
Black Beans
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk
- 7 **Freshly Baked Cheese**
or Pepperoni Pizza
Sweet Peas
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk
- 10 **Cheesy Breadsticks**
w/Marinara Sauce
Green Beans
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk
- 11 **Grilled Chicken Caesar**
Salad
Bag of WG Goldfish
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk
- 12 **Waffles w/Chicken**
Sausage Patty
Hash Brown Patty
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk
- 13 **Roasted Turkey Dinner**
W/Mash Potato &
Gravy
Steamed Broccoli
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk
- 14 **Freshly Baked Cheese**
or Pepperoni Pizza
Sweet Peas
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk
- 17 **Crispy Nachos**
w/Ground Beef,
Cheese & Salsa
Black Beans
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk
- 18 **All White BBQ Chicken**
W/Creamy Mash Potato
Steamed Corn
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk
- 19 **Cheese Ravioli**
W/Marinara Sauce
Garden Salad
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk
- 20 **Garden Salad Topped**
W/Oven Roasted Turkey
& Cheese Roll-Up
Bag of Goldfish
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk
- 21 **Freshly Baked Cheese**
or Pepperoni Pizza
Sweet Peas
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk
- 24 Winter Break
- 25 Winter Break
- 26 Winter Break
- 27 Winter Break
- 28 Winter Break
- 31 Winter Break

Going Crazy in the morning looking for Lunch \$\$\$
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Start Your Day off Right!
Breakfast Available at:
High School
Middle Schools
Malcom White
Shamrock
Linscott-Rumpford
Altavesta
Goodyear

- Daily Alternatives**
- Chicken Nuggets
 - Tony's Individual Pizza
 - Sun Butter & Jelly Sandwich
 - **NEW-Muffin Sack
 - Grilled Cheese
 - Turkey Hot Dog
- WG Chocolate Chip Muffin, yogurt, string cheese, fruit & Vegetable

HARVEST OF THE MONTH - Carrots
We support local farms by purchasing locally as seasons permit.
Featured this month: Apples, Pears, Melon, Cherry Tomatoes, Cucumbers, Carrot Sticks and Zucchini
Paid Lunch - \$2.50 - Reduced \$1.40

All lunches served with milk, vegetable, fruit and bread

This institution is an equal opportunity provider.

Menu Subject to Change.

