

**PARENTS!!!!**

A NEW free/reduced application must be turned in every year, regardless of your status last year. Applications can be obtained at your students school or apply online by visiting [www.woburnpublicschool.com](http://www.woburnpublicschool.com)

9

**Cheesy Breadsticks w/Marinara Sauce**

Green Beans  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

10

**Crispy Nachos w/Ground Beef, Cheese & Salsa**

Black Beans  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

11

**Waffles w/Chicken Sausage Patty**

Oven Baked Puffs  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

5

**Juicy Hamburger or Cheeseburger on WG Bun**  
Oven Baked Tator Tots  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

6

**Freshly Baked Cheese or Pepperoni Pizza**  
Sweet Peas  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

16

**WG Pizza Sticks w/Pizza Dipping Sauce**

Steamed Broccoli  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

17

**\*New Item Protein Pack**

Strawberry Yogurt,  
Trix Cereal, Mozzarella  
Cheese & Pretzels  
Celery/Carrot Sticks  
Assorted cupped Fruit  
Ice Cold Milk

18

**Cheese Ravioli W/Marinara Sauce**

Garden Salad  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

19

**French Toast w/Chicken Sausage Patty**

Oven Baked Puffs  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk  
½ Day

20

**Freshly Baked Cheese or Pepperoni Pizza**

Sweet Peas  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

23

**Oven Baked Chicken Tenders w/Dipping Sauce**

Steamed Broccoli  
Creamy Mash Potato  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

24

**Warm WG Pretzel Roll W/Cheese Sauce For Dipping**

Cherry Tomatoes  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

25

**Tossed Salad W/WG Popcorn Chicken**

Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

26

**Crispy Nachos w/Ground Beef, Cheese & Salsa**

Black Beans  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

27

**Freshly Baked Cheese or Pepperoni Pizza**

Sweet Peas  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

30

**Chicken Patty Sandwich**

Steamed Broccoli  
Celery/Carrot Sticks  
Fresh Apples & Oranges  
Assorted cupped Fruit  
Ice Cold Milk

Going Crazy in the morning looking for Lunch \$\$\$  
Stop, pay online at [www.myschoolbucks.com](http://www.myschoolbucks.com)



Start Your Day off Right!  
Breakfast Available at:  
High School  
Middle Schools  
Malcom White  
Shamrock  
Linscott-Rumpford  
Altavesta  
Goodyear

**Daily Alternatives**

- Chicken Nuggets
- Tony's Individual Pizza
- Sun Butter & Jelly Sandwich
- Bagel Sack
- Grilled Cheese
- Hamburger or Cheeseburger

Bagel w/cream cheese, yogurt, string cheese, fruit & Vegetable

**HARVEST OF THE MONTH-Tomato**

We support local farms by purchasing locally as seasons permit.  
**Featured this month-**Apples, Pears, Melon, Cherry Tomatoes, Cucumbers, Carrot Sticks and Zucchini  
Paid Lunch - \$2.50 Reduced-\$4.00

All lunches served with milk, vegetable, fruit and bread