

3
Cheesy Breadsticks w/Marinara Sauce
Steamed Carrots
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

4
***New Item**
Protein Pack
Strawberry Yogurt, Trix Cereal, Mozzarella Cheese & Fruit Cup
Celery/Carrot Sticks
Assorted cupped Fruit
Ice Cold Milk

5
Crispy Nachos w/Ground Beef, Cheese & Salsa
Black Beans
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

6
WG Waffles w/Chicken Sausage Patty
Oven Baked Potato Puffs
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

7
Freshly Baked Cheese or Pepperoni Pizza
Steamed Carrots
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

10
WG French Toast w/Chicken Sausage Patty
Hash Brown Patty
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

11
Juicy Hamburger or Cheeseburger WG Bun
Oven Baked Sweet Potato Fries
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

12
Tuna Fish Sandwich on WG Bread
Bag of Goldfish
Cucumber Coins
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

13
Oven Baked Chicken Tenders w/Dipping Sauce
Steamed Broccoli
Creamy Mash Potato
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk


14
Freshly Baked Cheese or Pepperoni Pizza
Garbanzo Beans
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

17
WG Warm Pretzel Roll w/Cheese Sauce
Steamed Broccoli
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

18
Cheesy Breadsticks w/Marinara Sauce
Steamed Carrots
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

19
WG French Toast w/Chicken Sausage Patty
Hash Brown Patty
Celery/Carrot Sticks
Fresh Apples & Oranges
Assorted cupped Fruit
Ice Cold Milk

Going Crazy in the morning looking for Lunch \$\$\$
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Start Your Day off Right!
Breakfast Available at:
High School
Middle Schools
Malcom White
Shamrock
Linscott-Rumpford
Altavesta
Goodyear

Daily Alternatives

- Chicken Nuggets
 - Tony's Individual Pizza
 - Sun Butter & Jelly Sandwich
 - Bagel Sack
 - Grilled Cheese
 - Turkey Hot Dog
 - Fish Sticks
- Bagel w/cream cheese, yogurt, string cheese, fruit & Vegetable*

HARVEST OF THE MONTH-Potato
We support local farms by purchasing locally as seasons permit.
Featured this month-Apples, Pears, Melon, Cherry Tomatoes, Cucumbers, Carrot Sticks and Zucchini
Paid Lunch - \$2.50 Reduced-\$.40

All lunches served with milk, vegetable, fruit and bread