

January

2019

Abby's Helping Hand Social Club



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3 Movie and Popcorn	4	5
6	7	8	9	10 Bingo Night & Light Refreshment	11	12
13	14	15	16	17 Music Therapy with CT Music Therapy, LLC	18	19
20	21	22	23	24 Art Therapy w/Anna	25	26
27	28	29	30	31 Board Games & Light Refreshment		