

VII. Dress Code & Uniform Guidelines

(Grades Preschool3 – 8)

****All uniform purchases must be made through Blakes School Uniform Co.****

We have added a gray zip-up logo sweatshirt to the school uniform as an added option

Blessed Sacrament School requires that all students follow the uniform and dress code rules. If a student is not dressed appropriately, and/or not following the dress code guidelines, they may receive a dress code/uniform alert and possibly receive a detention. A parent/guardian may be called to bring appropriate clothes to school for the student in the event of an infraction to these guidelines. Families must adhere to the dates for summer/winter uniforms. **THE PRINCIPAL HAS THE RIGHT TO MAKE THE FINAL DETERMINATION AS TO WHAT IS APPROPRIATE IN ALL SITUATIONS REGARDING DRESS CODE AND APPEARANCE.**

- No coats or non-uniform sweaters or sweatshirts worn in school.
- Uniform gray crewneck, hooded, and zip-up sweatshirts may be worn indoors with polo shirts worn underneath. Students **MUST** wear the uniform polo shirt under the sweatshirts.
- No hats worn indoors. When outside, hats must be worn with the brim facing forward.
- Polo shirts may be untucked but cannot go below pleat on skirt or where pocket meets seam on shorts or pants.
- Uniforms must fit appropriately. Pants should not be baggy; skirts and jumpers must touch the top of kneecap.
- Only plain white shirts and undergarments may be worn under uniform shirts.
- Long sleeve shirts cannot be worn under short sleeve school shirts.
- No symbols or wording on clothing and footwear that are inconsistent with our Catholic mission. Clothing and footwear must not have any design that goes against our Catholic and morale values.
- Outerwear may not display the names of bands, alcohol, tobacco or any design that goes against our Catholic and morale values.
- Belts must be solid brown or solid black *with no designs or decorations*.
- No boots in school for Preschool & Kindergarten at any time
**Grades 1-8 may wear boots with a modest heel (1/2"-1") on designated dress down days only.*
- No slippers or moccasin style shoes including Ugg moccasins at any time
- Pants must be worn on the hips and cannot show undergarments.
- No tattoos – permanent or temporary.

A. UNIFORM GUIDELINES

PRESCHOOL:

BOYS:

First Day of School – Oct. 15

Micromesh shorts w/ logo

	October 16 - April 30	short sleeve t-shirt w/ logo Sweatpants hem bottom w/ logo
	May 1- end of school	long or short sleeve t-shirt w/ logo Micromesh shorts w/ logo short sleeve t-shirt w/ logo
<u>GIRLS:</u>	First Day of School – Oct. 15	Short sleeve knit jumper w/ logo black bike shorts
	October 16 – April 30	Long or short sleeve knit jumper w/logo, black leggings
	May 1 - end of school	Short sleeve knit jumper w/ logo black bike shorts

*Preschool girls DO NOT wear tights. Black bike shorts or leggings must be worn according to dates listed above and purchased at Blakes. (Leggings may be worn on cooler days past April 30th.)

*Preschool girls wear their knit jumper on physical education day.

*All Preschool students may wear the Blessed Sacrament logo crewneck sweatshirt over their tee shirt or knit jumper in school if they are cold.

*Preschool girls may also wear the crewneck cardigan sweater w/logo.

*All items listed above must be purchased through Blakes School Uniform Company.

*On mass days, preschool students wear their usual daily uniform.

Sneakers: All preschool students must wear sneakers. Any sneakers except those with noise, lights or wheels may be worn. Rain boots and snow boots may be worn when necessary, but students must bring their sneakers with them or keep an extra pair at school to change into each day. Sneakers must be a matching identical pair.

Socks: (Boys & Girls) **SOLID WHITE OR BLACK ANKLE SOCKS WITH NO BRAND LOGO. (No-show socks are acceptable)**

KINDERGARTEN - Gr. 8

***Only our logo with the cross is acceptable.**

***Only Blakes uniform pants/shorts and gym wear are acceptable.**

Gym uniforms may be worn if your child has Physical Education class on church/mass days unless it is a special liturgy day. Preschool students wear their daily school uniform on church/mass days.

Boys (K-8)

- Khaki uniform pants purchased at Blakes
- Green polo shirt with school logo
- Dark green sweater only with white turtleneck and pants (v-neck, crewneck, sweater vest) turtleneck may not be worn alone
- Dark green “letterman” 2 pocket sweater 5-8
- Dark green fleece vest with school logo K-8 (with white turtleneck and pants only)

****Only plain white shirts and undergarments may be worn under uniform shirts.****

Sneakers: Any sneakers except those with noise, lights or wheels may be worn. Sneakers must be a matching identical pair. Slip-on shoes are not allowed for safety reasons (K-4).

Socks: **SOLID WHITE OR BLACK ANKLE SOCKS WITH NO BRAND LOGOS. (No-show socks are acceptable)**

Girls (K-8)

- Plaid uniform jumper (Gr. K-4) (must touch the top of kneecap) with white princess collar blouse (must be purchased at Blakes)
- Plaid uniform kilt or pleated skirt (Gr. 5-8) (must touch the top of kneecap) with grey polo shirt with school logo
- Black bike shorts (suggested and an acceptable part of dress uniform for girls K-8 purchased at Blakes...bike shorts can be worn under skirts all year)
- Crewneck cardigan button-down (Preschool-8), V-neck "letterman" 2 pocket sweater (5-8 only)
- Dark green fleece vest, sweater vest, crewneck pullover, v-neck pullover with school logo K-4 (with white turtleneck and pants only)

****Only plain white shirts and undergarments may be worn under uniform shirts.****

Sneakers: Any sneakers except those with noise, lights or wheels may be worn. Sneakers must be a matching identical pair. Slip-on shoes are not allowed for Gr. K-4 for safety reasons.

Socks: Dark green or gray knee socks; **SOLID WHITE OR BLACK ANKLE SOCKS WITH NO BRAND LOGOS. (No-show socks are acceptable)** Black, grey, or dark green tights purchased from Blake's may be worn.

Shoes: Kindergarten and grades 1-4 girls **MUST** have a strap on their shoes or have shoes that tie, Velcro or buckle to keep foot in shoe. No slip-on shoes allowed for Gr. K-4 for safety reasons. Shoes must be flat with no heel.

Gr. 5-8 girls may not have a heel more than 1/2 inch on their shoes.

Winter Option (Girls K-8): November 15 through April 1 (Girls **MUST** wear their full dress uniform from Oct. 16 until Nov. 14 and then have the Winter Option)

- Khaki uniform pants purchased at Blakes (K-8)
- Long sleeve green polo with school logo (K-4) (worn with pants)
- Long sleeve gray polo with school logo (5-8)
- White turtleneck under green sweater options or with vest. Turtleneck may not be worn alone or with jumper. (K-4)

*Leggings may be worn under skirt/jumper Oct. 15th through April 30th (worn all day) for Grades K-8. Leggings must be purchased at Blakes. Leggings are acceptable as part of the full dress uniform. (Leggings may be worn on cooler days past April 30th.)

Summer Options (Boys and Girls K-8): These items can be worn in addition to the regular uniform from the **First day of school through October 15 and May 1 through the last day**

of school (Girls MUST wear their full dress uniform from April 1 until April 30 and then have the Summer Option)

- Khaki uniform shorts (no more than 2 inches above knee) purchased at Blakes
- Green polo with school logo (Girls K-4, worn with khaki shorts)
- Green gym shorts on P.E. days
- Solid white or black ankle socks with no brand logos (**No-show socks are acceptable**)

Physical Education Classes (K-8) All K-8 students must wear the official gym clothing on P.E. days. Students not dressed in their gym clothing on P.E. days will be marked down which may affect their grade for Physical Education. Gym clothing must be purchased from Blakes.

P.E. Uniform (boys and girls)

- Grey t-shirt with school logo (long or short sleeve)
- Grey sweatshirt (crew or hoodie) with school logo (P.E. uniform t-shirt must be worn under sweatshirt)
- Green sweatpants – (K-4 with logo) (5-8 with Blessed Sacrament down the side)
- Green shorts with logo-must be an appropriate length (not more than 2 inches above knee) **Gym shorts can only be worn from the first day of school through October 15 and May 1 through the last day of school.**
- Solid white or black ankle socks with no brand logos (**No-show socks are acceptable**)

P.E. Uniforms must be clean and fit appropriately. Torn P.E. sweatpants must be replaced and cannot be worn.

***Preschool students wear their regular uniforms on Phys. Ed days**

B. HAIR/JEWELRY

Hair styles are to be modest. Bangs must be cut no longer than the bottom of the eyebrows. Hair must be away from the face and not falling into their eyes. **Boys' hair must not be longer than the top of their collar and out of their eyes.** Girls' hair must be fashioned so it is out of their eyes. **Neither girls nor boys may have their hair chemically colored or treated.** Mohawks, stenciling/designs, hair beading, feathers, and other hair decorations are not allowed. **Haircuts that are extreme in style are not allowed. The Principal has final discretion to what is appropriate.**

- Boys may not have facial hair. Sideburns cannot go below the middle of the ear.
- Boys may not wear earrings to school or to school events. Girls may wear only stud earrings. Jewelry should not impede ability to write or be a distraction. Jewelry must not be excessive.

Hair clips, headbands, barrettes, and hair ties must be one single solid color or matching plaid of school uniform. They must be plain with no decorations or embellishments. Uniform alerts will be sent when a violation occurs for ALL STUDENTS PREK3 - 8.

C. MAKE-UP/ACCESSORIES

Students in grades preschool through sixth grade are not allowed to wear make-up of any kind. Girls in grades 7 & 8 may wear a **very modest** amount of **natural looking** make-up. Eye liner or dark colored make-up of any kind is not allowed. **Artificial and/or long nails are not allowed.** Boys may not wear colored nail polish or makeup of any kind. Only clear contact lenses are allowed at school. **The Principal has final discretion to what is appropriate.** These guidelines are for all school and school sponsored events.

D. DRESS DOWN/UP DAYS

Shorts may not be worn after Oct. 15th or before May 1st

Clothing **NOT** permitted:

- No spandex shorts (uniform bike shorts are worn under skirt/jumper only)
- No short shorts or miniskirts (no more than 2" above the top of the knee)
- No leggings with short tops. Must wear a top that covers to mid-thigh.
- No halter, spaghetti or strapless tops
- No bare midriff, crop tops, or low cut tops
- No see-through or revealing clothing
- No profanity, drug, alcohol or tobacco ads, or band names on clothing
- No torn or cut clothes or clothes with holes including jeans.
- No baggy or tight clothes
- No sandals, flip-flops or crocs
- No slip-on shoes for Preschool students
- No boots in school for Preschool & Kindergarten at any time
**Grades 1-8 may wear boots with a modest heel (1/2"-1") on designated dress down days only.*
- No slippers or moccasin style shoes including Ugg moccasins at any time

Dress down may not take place on a day when we are attending Mass or having special visitors, or assemblies. This includes birthday dress down days. Please check with your teacher BEFORE dressing down.

Students, who do not follow the guidelines on dress down/up days, will not be able to participate in the next dress down/up day.

When a donation is required for a dress down day, any student who does not bring in their charity donation on or before the dress down day, will not be able to participate in the next dress down day. Parents are not allowed to bring in a change of clothes if a student forgets that it is a dress down day this includes Preschool and Kindergarten. Students must be responsible for bringing in the donation and are encouraged to earn the donation.

E. FIELD TRIP ATTIRE

Not all field trips are dress down days. Appropriate attire will be based on the location and activities the students will be taking part in. If a field trip requires students to dress down for the day, all Student/Parent Handbook dress down rules apply. Families will be notified in advance as to the dress code for field trips.

F. SCHOOL FUNCTIONS

Appropriate dress is expected at all school functions regardless of time or place. This includes school dances and/or school sponsored dances. When in doubt of what is appropriate, please check with teachers or the Principal.

G. LOST AND FOUND

Please label all clothing so it can be reunited with its owner. Lost clothing and other items will be kept for a reasonable time. When not retrieved after this time, the clothing will be donated to charity or disposed of.